



# Single Handed and Double Handed Regatta

## October 3 and 4, 2009

### Sailing Instructions

#### **1. Rules**

- 1.1 Races will be governed by the Racing Rules of Sailing 2009-2012 (*RRS*), the prescriptions of the Canadian Yacht Racing Association, the Notice of Race, and by these Sailing Instructions. The regatta is designated a Category "C" Event.

#### **2. Entries**

All yacht owners must be a current Senior Member of the Dartmouth Yacht Club.

#### **3. Notices to Competitors**

- 3.1 Notices to competitors will be posted on the official notice board located at the Dartmouth Yacht Club House prior to start.

#### **4. Changes to Sailing Instructions**

- 4.1 Any change to the sailing instructions will be posted on the official notice board before the Skippers Meeting on the day it will take effect.

#### **5. Schedule**

- 5.1 Double Handed Racing will be on Saturday, October 3, 2009  
5.2 Single Handed Racing will be on Sunday, October 4, 2009  
5.3 Registration and Competitors' meeting 1000 at DYC  
5.3 The scheduled time of the warning signal for the first race is 1100 hrs.

#### **6. Classes**

- 6.1 There shall be a single handed class and a double handed class.

#### **7. Handicaps**

- 7.1 Performance Handicap Racing Fleet handicaps (PHRF NS)  
7.2 Participants may declare their inventory at registration and handicaps will be adjusted accordingly. The declaration and handicap will remain in effect for that day only.

#### **8. Courses**

- 8.1 Courses will be displayed on the Race Committee (RC) vessel at least 10 minutes before the start.

#### **9. The Start**

- 9.1 Races will be started in accordance with Rule 26.

**10. The Start Line**

10.1 The start line will be between the RC Flag staff on the RC boat and Navy Island buoy HY 2 (Mark #11 on the DYC course card).

**11. Starting Penalty**

11.1 Rule 30.1 I Flag Rule is in effect for this regatta. Code Flag I will be displayed by the Race Committee.

**12. Change of Course after the Start**

12.1 Shorten course will be signaled near the mark at which the race is to finish, by a boat displaying code flag "S" and making two sound signals. Yachts are to finish between that mark and code flag "S" on the boat. If the Race Committee does not change the location of the finish line but signals Shorten the first boat in each fleet is to round the next mark of the course and then finish and the remaining boats in each fleet shall do the same, including rounding any intervening marks if they have not already done so. This alters RRS 32.

**13. The Finish**

13.1 The finish line will be between the RC Flag staff on the Committee Boat and Navy Island buoy HY2 (Mark 11 on the DYC Course Card).

**14. Time Limit**

14.1 Time limits are as follows: 17:00 hrs for the first boat in each class. If one or more boats in a class finish before 17:00 hrs, the time limit for the remainder of the boats in that class will be EITHER 17:00 hrs OR 1 hour after the first boat finished, whichever is later. The Race Committee displays N over A (racing done for the day) to indicate when the time limit has expired.

**15. Protests**

15.1 Protests shall be written on protest forms available at the clubhouse and logged with a race official at the clubhouse within one hour of the last boat crossing the finish line.

**16. Safety Requirements**

16.1 All yachts shall carry safety equipment to Transport Canada minimum standards.

**17. Interference with Shipping**

17.1 Any yacht which interferes with the orderly passage of a naval or commercial ship shall be disqualified by the Race Committee, and may be denied entry into subsequent events following investigation by NSYA.

17.2 Engines may be used in an emergency. Details are to be reported to the Race Committee, and requests for redress may be made. This alters rule RRS 42.

**18. Insurance**

18.1 All yachts are required to carry valid public-liability insurance for a minimum of \$1,000,000 and may be asked to produce evidence of coverage to the Race Committee at time of registration.

**19. Garbage**

19.1 Yachts shall not discharge garbage overboard. Witnesses to such behavior are encouraged to act under RRS Part 5, Section C: Gross Misconduct.