



Sailing Instructions

Monday Night Racing

**May 25th to Sept. 21st,
2009**



RULES:

The races will be governed by the rules as defined in The Racing Rules of Sailing 2009-2012, (RRS), the prescriptions of the Canadian Yacht Racing Association, the Notice of Race, (except as any of these are altered by these sailing instructions), and by these sailing instructions. The regatta is designated a Category "C" Event. The Dartmouth Yacht Club Race Committee (RC) and Protest Committee shall have final jurisdiction on all matters.

ENTRIES:

All Skippers and Owners must be a current member of the Dartmouth Yacht Club. Eligible boats must be registered 15 minutes before the warning signal by signing the appropriate class registration sheet. Registration will take place at DYC Clubhouse.

NOTICES TO COMPETITORS:

Notices to competitors will be posted on the official notice board located at the Club House prior to start.

CHANGES TO SAILING INSTRUCTIONS:

Any change to the sailing instructions will be posted before 5:30 pm on the day the race will take place.

SCHEDULE OF RACES:

The scheduled time of the warning signal for each day of the spring and summer is 6:25 p.m. It will be 6:00 p.m. for the fall series. There will be an additional warning of four short horn blasts one minute prior to the first warning signal.

CLASSES:

Single Class. Open to all boats. No spinnaker or asymmetrical spinnakers allowed.

RACING AREAS:

Racing will take place in Bedford Basin in the area defined on the course card or on the course board located on the committee boat. The course selection is determined by the race committee via course card or posted course.

OUTSIDE ASSISTANCE:

The RRS provisions prohibiting outside assistance to competitors are not in effect for this race series. The Race Committee and competitors may offer advice and information to other competitors without any penalty applying. This alters RRS 41 Outside Help

THE COURSES:

Courses shall be posted on Committee Boat prior to the first warning.

SHORTEN COURSE:

To signal a shortened course the Race committee shall make two sounds with appropriate Class flag and S Flag (shorten course flag.) Courses will be shortened by the first boat in the fleet rounding the next mark on the course and then finishing. The Race Committee may also shorten course by moving the finish line to a position between the committee boat and the next mark. In addition the Race Committee shall endeavor to communicate on VHF channel 68 that it has shortened course. Failure to communicate by VHF by the Race Committee is not cause for redress.

MARKS:

Marks used for Monday night racing are indicated on the course card.

THE START AND FINISH LINE:

The start and finish line will be between Navy Island buoy (mark 11) and the committee boat unless the course is shortened.

THE START SEQUENCE:

Races will be started by using rule 26 with the preparatory signal given 1 minute before the starting signal.

STARTING PENALTY:

Rule 30.1 (Round the end rule) is in effect regardless of which Preparatory flag is displayed by the Race Committee. This alters RRS 30.1.

For reference, Rule 30.1 states:

I Flag Rule

If flag I has been displayed, and any part of a boat's hull, crew or equipment is on the course side of the starting line or one of its extensions during the last minute before her starting signal, she shall thereafter sail from the course side across an extension to the prestart side before *starting*.

TIME LIMITS:

Time limits are as follows: 8:30 pm for the first boat to finish. If one or more boats finishes before 8:30 pm, the time limit for the remainder of the boats in that class shall be 30 minutes after the first boat finished. If no boat in the class finishes before 8:30 p.m. the race shall be abandoned. The Race Committee displays N over the class flag (racing done for the day) with three sounds to indicate when the time limit has expired. (This alters RRS 32.)

PROTESTS AND REQUESTS FOR REDRESS:

Protest forms are available at official notice board and office. Protests shall be delivered to the Race Committee within the protest time limit. The protest time limit is 30 minutes after the Race Committee has arrived at the Clubhouse. An alternative informal protest procedure allowing interested sailors to test if a protest may be allowed is encouraged. This procedure only requires that the concerned vessel follows the RRS on the water but may indicate that it

wishes to follow an informal procedure using oral presentations only given to a one person protest committee for the purpose of receiving a non-binding indication of what the likely outcome of a formal protest might be. If thereafter the concerned parties wish to file a grievance using the usual procedure they may do so.

SAFETY REGULATIONS:

A boat that retires from a race shall notify the race committee as soon as possible.

EQUIPMENT AND MEASUREMENT CHECKS:

A boat or equipment may be inspected at any time for compliance with the NSYA class rules and sailing instructions. On the water, a boat can be instructed by a race committee member to proceed immediately to a designated area for inspection.

OFFICIAL BOATS:

Official committee boat will be marked as follows: RC Flag.

RADIO COMMUNICATION:

A boat is encouraged to make radio transmissions while racing and to receive radio communications whether or not such communication is available to all boats. The Race Committee shall endeavor to communicate all notices over channel 68 VHF with corresponding visual and sound aids. A failure by the Race Committee to communicate via VHF radio shall not be a cause for redress.

DISCLAIMER OF LIABILITY:

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after the regatta.

INSURANCE:

Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of \$1,000,000.00 per event, or the equivalent.

